

The Healing House
EIN-81-4081062 -5013C

The mission is to empower children, teens, veterans, and adults with holistic tools to make their world a better place one experience at a time.

Helping change the world, one breath at time!



For more information: 561-222-6057

BENEFITS OF YOGA

FOR BODY

- INCREASED CORE STRENGTH
- LOWERS BLOOD PRESSURE
- WEIGHT MANAGEMENT
- IMPROVED DIGESTION
- IMPROVED CIRCULATION
- BODY DETOXIFICATION
- PAIN AND TENSION RELIEF
- INCREASED FLEXIBILITY
- IMPROVED POSTURE
- INCREASED IMMUNITY

FOR MIND

- IMPROVED INTUITION
- INCREASED SELF-ACCEPTANCE
- IMPROVED CONCENTRATION
- NEUTRALIZED STRESS
- IMPROVED MEMORY
- INCREASES MENTAL AWARENESS
- FOCUS ON THE PRESENT
- INCREASED CONFIDENCE
- UNLOCKED ENERGY FLOW
- BALANCED BRAIN HEMISPHERES

YOGA MAKES YOU HAPPY!

The Healing House would like to begin by thanking you for your support!
 We hope to see you soon!
 Sending you love and light always!

August 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Check FB for Beach Yoga				9 Yoga with Candi 7:30 pm *Beginners welcome! \$8.00		
12	13	14	15	16 6:30 pm Stephi Star Author of At Large \$5.00 or donation 7:30 pm Yoga with Candi \$8.00	17	18
19 Family Yoga 12:30 pm \$5.00 Family Acupuncture 1:30 pm \$5 or donation	20	21	22	23 6:30 pm Integrated Energy Healing \$20.00 7:45 pm Yoga with Candi \$8.00	24	25
26	27	28	29	30 7:30 pm Yoga with Candi \$8.00	31	



**HEALING
HOUSE**

EIN: 81-4081062

**THURSDAY,
AUGUST 16**

@

6:30PM

Presents:

**LIFE
AT LARGE**

JOIN US FOR A FREE,
INTERACTIVE DISCUSSION
WITH LOCAL AUTHOR, STEPHI
STARR, ABOUT THE BLISS OF
NON-ATTACHMENT AS
REVEALED THROUGH HER
EXPERIENCE WITH
PURPOSEFUL HOMELESSNESS.
VISIT APRESENTLIFE.COM

THE DIRTY HIPPIE
30 SW SEMINOLE STREET
STUART, FL 34994
772-288-1010



The Healing House presents...



Acupuncture For Families

Receive a FREE Acupuncture Treatment!

Learn About

- The 5 Elements
- Using the 5 Elements to Heal Family Dynamics
- The Benefits of Acupuncture



Shams Tara Wesley has been a licensed acupuncturist since 2000, and has helped thousands of people feel better.

Located at Treasure Coast Community Acupuncture in downtown *Stuart*.

WHEN: Sunday, Aug. 19, 2018, 1:30 pm - 2:30 pm

WHERE: The Dirty Hippie @ 30 SW Seminole Street, Stuart, FL

COST: \$5 or donation

To Register Call or Text (561) 222-6057
or register on Facebook @TheHealingHouse.111

Love is always the answer! Follow your heart! Look and listen within and you will find all the answers.